

WHAT TO BRING

Sheets or Sleeping Bag
Pillow & Blanket
Soap, Towels, Washcloths
Centers – One well marked football
Gym Shoes
Football Shoes
Swim Suit
Suntan Lotion
Toilet and Personal Articles
Sweat Clothes, Socks and Gym Clothes
(several pair)
Football Jersey (several)

NOTE: Bring enough clothes for the duration of the camp.

Who Should Attend

The football camp is designed for boys in grades 7 through 12. High school graduates are not permitted to attend.

Location

Edinboro University is located in the northwest corner of Pennsylvania, approximately 20 miles south of Erie. The resort town of Edinboro is within 100 miles of Cleveland, Pittsburgh and Buffalo, and is easily accessible from Interstates 90, 80, and 79.

Meals

Meals will be provided to campers as part of the registration fee. You will eat in Van Houten Dining Hall, an "all you can eat" cafeteria, complete with salad bar, ice cream and soft drinks.

Health Care

Routine health care is provided by the Edinboro University Sports Medicine Staff of Certified Athletic Trainers and Selected student trainers enrolled in the Athletic Training Program. Coverage is available during the camp session.

Medical Insurance

Edinboro University **DOES NOT** provide medical insurance for campers. In the event of illness or injury requiring treatment, hospitalization, and/or surgery, family medical insurance must be used.

TRI-STATE LINEMEN'S CAMP

**Come as an individual or participate
As a unit!**

The Unit Concept Idea:

It is very important for linemen to learn to play next to their teammates. There will be a definite advantage to have your linemen participate in drills as one unit.

It also allows your linemen the opportunity to develop camaraderie and the experience of learning together the fine points of offensive and defensive line plays.

Your unit will definitely work together in all drills in simulated line play versus other offensive or defensive units.

The Ultimate in Line Instruction! Best in the Tri-State Area!

Parents: We promise to give your son the best possible instruction, supervision and learning environment during his stay at Edinboro University of Pennsylvania. If you have any questions, please do not hesitate to call:

Scott Browning, Camp Director
(800) 526-0115
814-732-1844
(814) 734-4907 home
(814) 449-9220 cell

SEVENTEENTH ANNUAL
"UNIQUE"

TRI-STATE LINEMEN'S CAMP

JUNE 27TH – JUNE 30TH



Paul Alexander
Assistant Head Coach
Cincinnati Bengals
Director of Instructors



Mark Duffner
Linebacker Coach
Jacksonville Jaguars

**The Ultimate in Line Instruction!
Best in the Tri-State Area
At Edinboro University**

Group Rate Available
814-732-1844
1-800-526-0115

ENROLLMENT LIMITED-APPLY EARLY! TRI-STATE LINEMEN'S CAMP APPLICATION

T-Shirt Size (Circle One) M L XL XXL

RESIDENT COMMUTER ROOMMATE CHOICE

I WILL BE COMING AS AN INDIVIDUAL
 PART OF A TEAM

NAME _____
ADDRESS _____

CITY _____ STATE _____ ZIP _____

FOOTBALL POSITION _____ GRADE IN FALL _____ HT. _____ WT. _____

COACH'S NAME _____ SCHOOL _____

HOME PHONE () _____ PARENT'S BUSINESS PHONE () _____

I HEREBY AUTHORIZE THE DIRECTOR AND EMPLOYEES OF TRI-STATE LINEMEN'S CAMP TO ACT FOR ME ACCORDING TO THEIR BEST JUDGEMENT IN ANY EMERGENCY REQUIRING MEDICAL ATTENTION AND I HEREBY WAIVE AND RELEASE THE CAMP FROM ALL LIABILITY FOR ANY INJURIES AND ILLNESSES INCURRED WHILE AT CAMP. I WILL BE RESPONSIBLE FOR ANY MEDICAL OR OTHER CHARGES IN CONNECTION WITH MY SON'S ATTENDANCE AT CAMP.

SIGNATURE _____ COVERED BY _____ POLICY NUMBER _____

MAKE CHECK PAYABLE TO: TRI-STATE LINEMEN'S CAMP. MAIL APPLICATION WITH A \$50.00 NON-REFUNDABLE DEPOSIT TO: Scott Browning, Director, Linemen's Camp, Edinboro University, 455 Scotland Road, Edinboro, PA 16444

PHILOSOPHY: The camp philosophy is to provide solid fundamental football skills in all aspects of line play, run and pass blocking, pass rush, reading keys, conditioning and flexibility drills. We will teach techniques that are vital to the athlete in reaching his fullest potential. There will also be instruction in weight training, running techniques, flexibility, exercises and special skills.

PURPOSE: The camp is designed to teach every participant the fundamental and advanced skills necessary to become a better football player and to help develop further athletic ideals in sportsmanship, leadership and citizenship.

DETAILS: The camp will be conducted at Edinboro University, using the University's athletic facilities. Campers will be housed in residence halls and supervised by the camp staff. Check-in time is between noon and 2:00 p.m. Wednesday, June 27th. All meals beginning with Wednesday evening dinner through Saturday lunch are included in the registration fee. Commuters are not provided meals. Dismissal is Saturday afternoon at 3:00.

Sessions will begin Wednesday and will continue through Saturday. The daily schedule provides time to enjoy such campus recreational activities such as tennis, basketball, volleyball and weight facilities. A full-time trainer will be available.

FEATURES:

- ◆ Lectures & Chalk Talks
- ◆ Individual Instruction
- ◆ Instructional Films
- ◆ Game Films
- ◆ Increasing Speed & Agility
- ◆ Use of Video Tape
- ◆ Self-Evaluation
- ◆ Weight Training Instruction
- ◆ Personal Healthful Hints
- ◆ Position Drills & Techniques
- ◆ Pro Highlight Films
- ◆ Academic Counseling
- ◆ Developing a Positive Attitude

TUITION: The cost is \$260.00 for resident campers and \$180.00 for commuters. The fee includes room, board, instruction, position handouts, football training films and a T-shirt. Meals are NOT included for commuters.

Special Rate: If a school brings their entire offensive line (5 positions) or defensive line (4 or 5 positions) each individual lineman will receive a \$30.00 discount (cost will be \$230 for residents and \$155 for commuters). Full payment or a \$50.00 deposit is required with the application. Balance is due upon registration – June 27, 2007.

NOTE: All campers must comply with the rules and regulations of the Tri-State Linemen's Camp. Any serious violations or abuses will result in immediate dismissal from camp without a refund. Car keys will be held until camp is over – **NO EXCEPTIONS!**

Scott Browning, Camp Director Head Football Coach – Edinboro University Fighting Scots

Scott has taken on the duties as head coach as well as directing the offensive line of the Edinboro University Fighting Scots, a perennial NCAA II power. During his 21 seasons at Edinboro, Scott has guided the fortunes of All-Americans Steve Russell, Michael Willis, Wade Smith, Georj Lewis, Mike Barnes, Elbert Cole and Jeremy O'Day. Scott came to Edinboro from Ohio State University where he coached receivers and running backs. Prior to his start at OSU, Browning coached at Worthington and Dayton-Fairview high schools in Ohio, New Mexico State University and Idaho State University.

Paul Alexander, Director of Instructors Assistant Head Coach/Offensive Line - Cincinnati Bengals

Paul Alexander is the Assistant Head Coach/Offensive Line Coach for the Cincinnati Bengals. Prior to joining the Bengals, he coached for the New York Jets, The University of Michigan, Central Michigan University and Penn State. An Academic All-American from Cortland State, he has authored and produced two video tapes and a coaching manual on offensive line play.

"Every summer I look forward to the Linemen camps I instruct. We started our first Linemen camp 14 years ago with 50 kids. Last summer, over 1,200 kids attended our three camps. It's been fun watching the camps grow. The success has been attributed to a fine coaching staff who truly enjoy working with young linemen. Our goal is to offer the finest instruction of line play with an emphasis on fundamentals. By the way, we also have fun".

Mark Duffner Linebacker Coach – Jacksonville Jaguars

Mark Duffner is in his second season with the Jacksonville Jaguars after serving three seasons with the Green Bay Packers. He had spent the previous 11 seasons as a head coach in the college ranks.

The former Holy Cross and Maryland Head Coach had played a central role in the development of the Bengal's most outstanding young players; linebacker Takeo Spikes of Auburn and Brian Simmons of North Carolina.

Talking about his coach, Spikes say: "Let me tell you, Duff is intense. He's focused and he's determined. He never lets up on you, but he drives you hard in a positive way. I love to play for Duff. I could see myself being a lot like him if I went into coaching someday."